

4E 4E MEDICAL

Individual.
Right down to the last stitch.

Design 4E here.



The range for 4x efficient training. And that's in accordance with MPG guidelines too.

Equipment that offers isotonic, isometric, higher eccentric load and isokinetic individual training is unique.

That's exactly what the 4E and 4E Medical series offer, which are manufactured in accordance with MPG (German Medical Products Act) guidelines. This exclusive training combination is arguably the most versatile training system on the fitness and rehabilitation market - offering true added value for every gym. It allows you to attract new clients and keep existing ones coming back. Training with 4E and 4E Medical is completely electronic, taking pressure off

the trainer / therapist and ensuring higher client numbers.

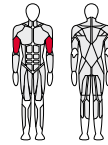
Training is documented entirely automatically and seamlessly with the gym80 software (fitness and medical) - something that is important for different billing systems, e.g. for rewards programmes run by health insurance companies. The range comprises ten pieces of equipment covering every area of the body.

In addition to 4E Medical equipment, our Medical range also includes the SYGNUM Medical and circular Medical series.





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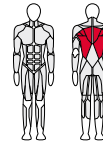
BICEPS CURL MACHINE 3610
BICEPS CURL MACHINE MEDICAL 3660

There are four different resistances available for training the arm flexor muscles. The user is positioned fully automatically via actuators for the seating height and training arm.

1330 x 1175 x 1300 mm **kg 265 kg**

Electronic training planning, management, documentation: fully automatic

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ROWING MACHINE 3619
ROWING MACHINE MEDICAL 3660

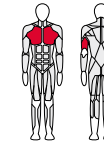
The posterior shoulder muscles are the primary target of the training, with four different resistances being available for this. The user is positioned fully automatically via actuators for the seating height and training arm.

1355 x 1520 x 1400 mm **kg 310 kg**

Electronic training planning, management, documentation: fully automatic



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TRICEPS MACHINE 3636
TRICEPS MACHINE MEDICAL 3686

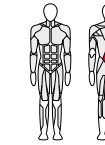
There are four different resistances available for training the arm extensor muscles. The user is positioned fully automatically via actuators for the seating height and training arm.

1395 x 1510 x 1670 mm **kg 350 kg**

Electronic training planning, management, documentation: fully automatic



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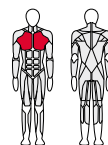
BACK EXTENSION 3607
BACK EXTENSION MEDICAL 3657

There are four different resistances available for training the back extensor muscles. The user is positioned fully automatically via actuators for the seating height, foot plate, back padding and training arm.

1325 x 1150 x 1580 mm **kg 315 kg**

Electronic training planning, management, documentation: fully automatic

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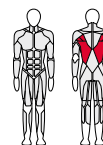
SEATED CHEST PRESS MACHINE 3616
TRUNK PRESS MEDICAL 3666

There are four different resistances available for training the chest muscles. The user is positioned fully automatically via actuators for the seating height and training arm.

1395 x 1530 x 1590 mm **kg 320 kg**

Electronic training planning, management, documentation: fully automatic

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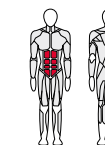
LAT PULLEY MACHINE 3620
LAT PULLEY MACHINE MEDICAL 3670

The lower shoulder muscles are the primary target of the training, with four different resistances being available for this. The user is positioned fully automatically via actuators for the seating height and training arm.

2230 x 1505 x 1595 mm **kg 365 kg**

Electronic training planning, management, documentation: fully automatic

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ABDOMINAL MACHINE 3609
ABDOMINAL MACHINE MEDICAL 3659

There are four different resistances available for training the abdominal muscles. The user is positioned fully automatically via actuators for the seating height, foot plate, back padding and training arm.

1320 x 1150 x 1655 mm **kg 320 kg**

Electronic training planning, management, documentation: fully automatic



**LEG EXTENSION
KNEE EXTENSION MEDICAL** 3601
3651

There are four different resistances available for training the knee extensor muscles. The user is positioned fully automatically via the horizontal adjustment of the back padding and training arm.

1305 x 1175 x 1395 mm **280 kg**

Electronic training planning, management, documentation: fully automatic



**LEG PRESS
LEG CURL MED** 3603
3653

There are four different resistances available for training the knee flexion muscles. The user is positioned automatically via the horizontal adjustment of the back padding and training arm.

1305 x 1120 x 1390 mm **290 kg**

Electronic training planning, management, documentation: fully automatic



**LEG PRESS
LEG PRESS MEDICAL** 3630
3680

The knee and hip extensor muscles are the primary target of the training, with four different resistances being available for this. The user is positioned fully automatically via actuators for the back rest and training sled.

1455 x 2000 x 1260 mm **510 kg**

Electronic training planning, management, documentation: fully automatic

The brains behind the 4E series: the gym80 software

Training software is good and useful nowadays if it can do more than managing and documenting, if it can network. Computers with equipment, equipment with clients, clients with trainers, trainers with gym managers, gym managers with clients - in other words: it has to network all of the people involved with a gym. Just like the latest-generation gym80 software. It also offers Apps for targeted customer dialogue.

The all-round athlete of the training software world.

It has been created in collaboration with our strategic partners aktivKONZEPTE AG. Gyms and rehabilitation centres, physio-

therapists and trainers can all benefit from it. The feedback from all of these disciplines is also constantly being integrated into the software's further development. The software is modular and can be adapted to your requirements.

The gym80 software ensures seamless training documentation. This creates more than just the perfect summary for your gym. It also helps with customer acquisition and loyalty and allows comprehensive training documentation through all kinds of billing models. And it also reduces the degree of migration among clients.

The fully automatic solution for 4E.

We can manage the transfer of existing member data without you having to transfer the data by hand. With the Enterprise Edition of 4E, the gym80 software is used as standard. It is the fully automated, all-in-one solution that allows you to manage training plans, demonstrate exercises in a multimedia way on the equipment, use bio-feedback, automatically document training results and do much more besides.

Order the free trial version today:
www.gym80.de/en/software

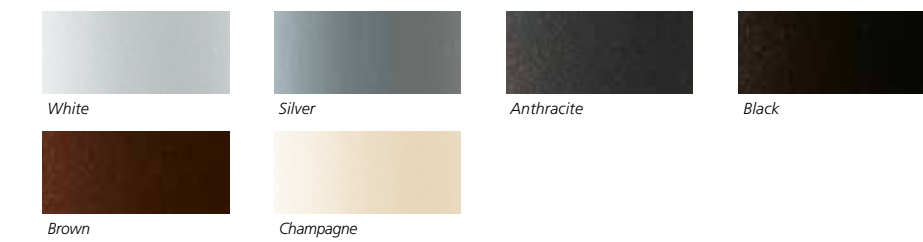
KEY

Dimensions Height x width x length

Weight Total weight of the machine (deviation of ± 10 kg possible)

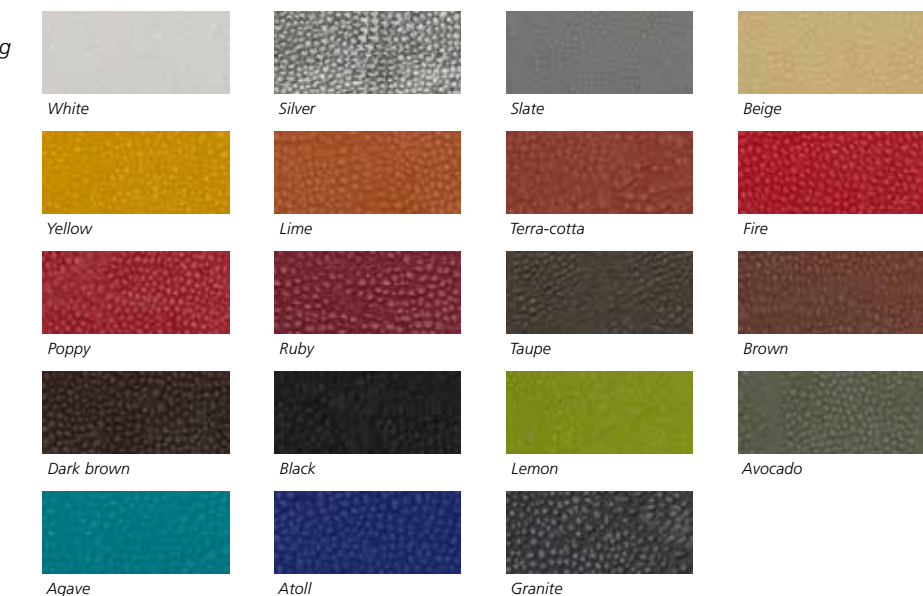
FRAME

With 4E, you can customise the frame colour. There are six standard colours to choose from. Please ask regarding special requests.



PADDING

Choose between 19 standard padding colours. And combine them with matching stitching colours.



EMBROIDERY AND SPECIAL PRODUCTS

Choose special products. For padding and stitching. We can also embroider your gym's logo into the padding if you wish. Entirely in line with your specifications. Score with your personalised training area.

